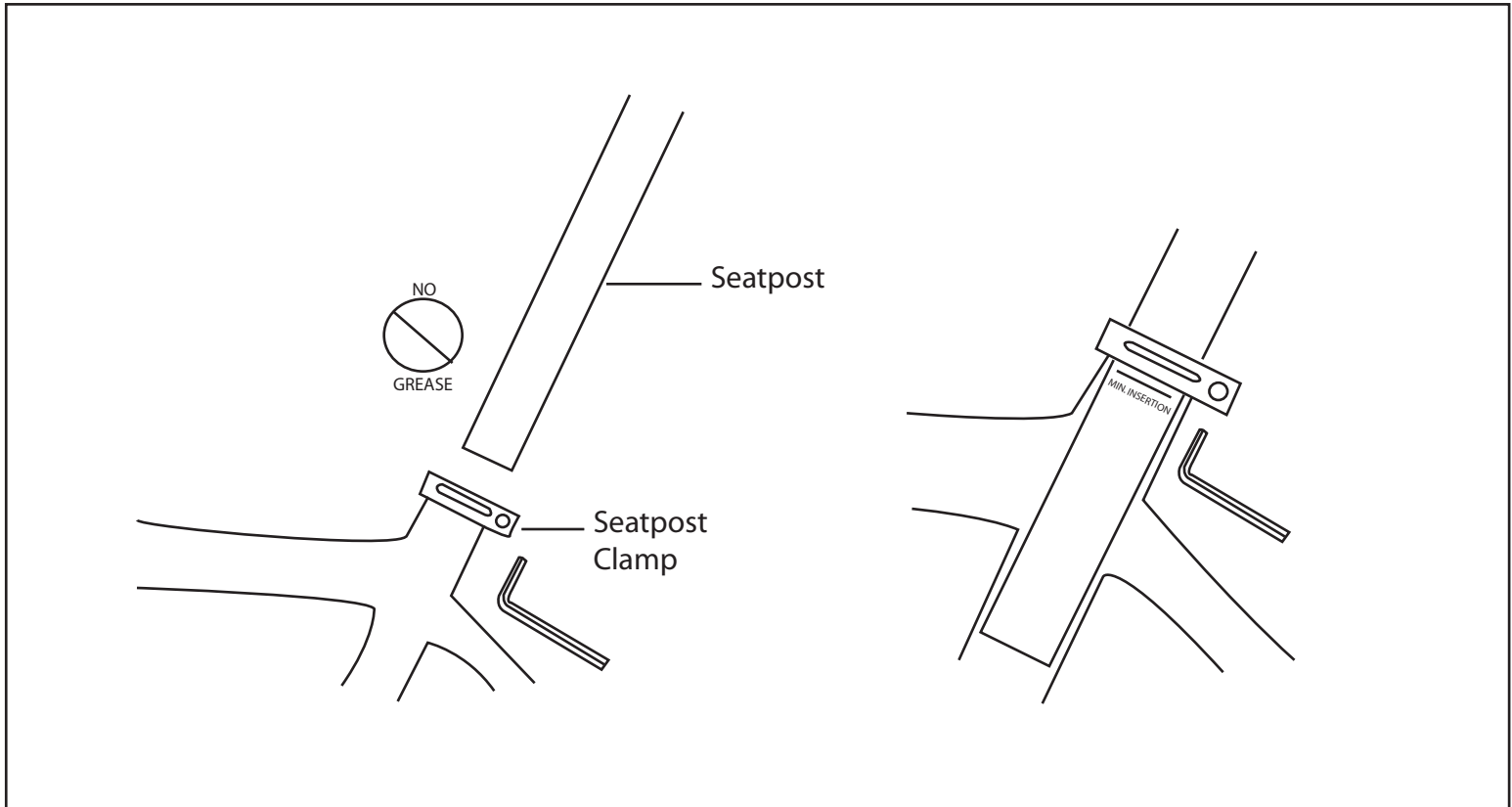


Please read all instructions before installing and using your seat post.

Be sure to install your seat post so that the minimum insertion length is fully inserted into the bike frame.

Warning

Failure to install your seat post properly may result in serious injury/death and or damage to your bicycle.



Installation/Use

1. Loosen seat post clamp with 5mm allen key.
2. Insert seat post into seat tube on frame making sure to cover the minimum insertion line indicated on the seatpost.
3. Adjust the seat post to the desired height.

Warning

- * Never use grease on your seat post when installing. This may cause the seat post to move out of place while in use. Friction or anti-seize paste should be used instead.
- * Make sure you have a seat post that matches the inner diameter of your frame.
- * Check the frame's seat tube for sharp edges and remove them before inserting post.
- * Do not use a twisting motion when inserting the seat post as this may scar the post.
- * Some frames may have a different torque setting for the seat post clamp. Tighten the seat post clamp to the torque recommended by the frame manufacturer.